



May 2009 Block of the Month

Four Hearts and a Star

8½ inch unfinished block / 8 inch finished block

Fabric colors: gold, burnt orange, four bright colors for the hearts

Instructions:

- Start with one gold center square of 2½ inches x 2½ inches.
- Cut four gold strips of 1½ inches x 2½ inches.
- Cut 8 burnt orange squares 1½ x 1½.
- Use two 1½ inch burnt orange squares for each of the four gold strips to make four flying geese (see **Figure 1**).
- Sew one flying geese to opposite sides of the center square.
- Cut four gold squares 1½ x 1½ inches.
- Sew one gold 1½ x 1½ inch square to opposite sides of the remaining two flying geese. You should now have a 4½ x 4½ inch square.
- Cut two gold 2½ x 4½ inch rectangles and sew to opposite sides of the 4½ x 4½ inch square.
- Cut two gold 2½ x 8½ inch rectangles and sew to top and bottom of the remaining sides to finish the block at 8½ x 8½ inches.

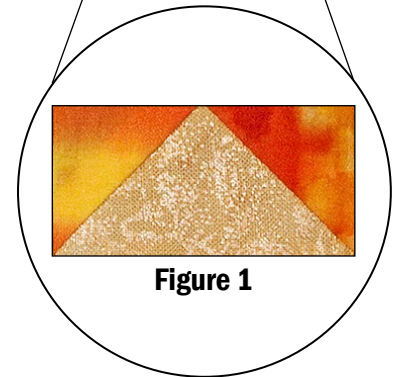
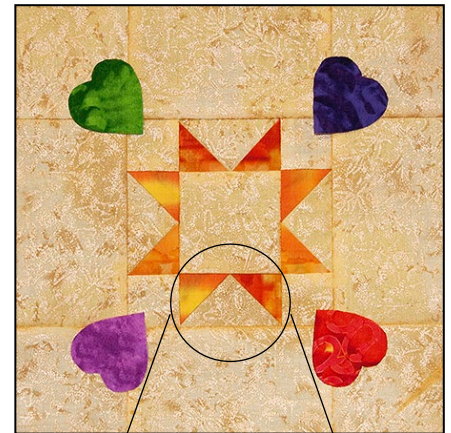
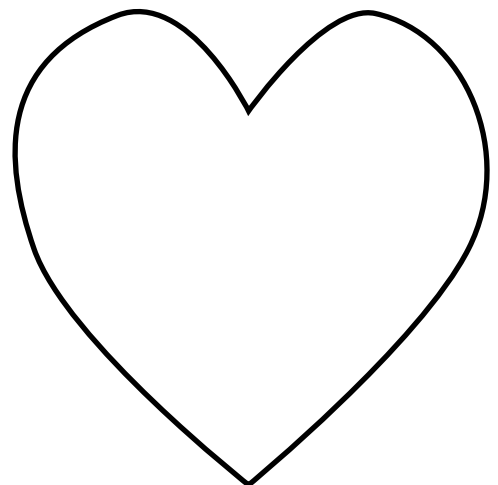


Figure 1

For the hearts:

- Iron a 2½ x 2½ inch square piece of each of the four bright colors to a piece of Steam-a-Seam. Cut each of the four squares into the heart shape shown here and machine appliqué to each of the four corners extending the point of the heart into the corner of the smaller 4½ x 4½ inch square.
- If you wish to hand appliqué the hearts, be sure to add a seam allowance to the heart pattern.



*Instructions by guild member
Anna Krassy*